स्व-इन्जिनिया

### प्रदेश लोक सेवा आयोग प्रदेश नं. १, विराटनगर

स्थानीय सरकारी सेवा अन्तर्गत प्राविधिक तर्फ इञ्जिनियरिङ्ग सेवा, सिभिल समूह, सहायकस्तर पाँचौं तह (सब-इञ्जिनियर) पदको खुला प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

पत्र/विषय :- सेवा सम्बन्धी

1. Surveying

1.1 General
1.1.1 Principle and types of surveying
1.1.2 Units, scales and maps
1.1.3 Field books and Level books
1.2 Levelling
1.2.1 Principles and methods of levelling
1.2.2 Levelling instruments and accessories
1.3 Plane Tabling
1.3.1 Equipments required
1.3.2 Methods of plane tabling
1.3.3 Two and three point problems
1.4 Theodolite and Traverse surveying
1.4.1 Basic difference between different theodolites
1.4.2 Temporary adjustments of theodolites
1.4.3 Fundamental lines and desired relations
1.4.4 Tacheometry: stadia method
1.4.5 Trigonometrical levelling
1.4.6 Checks in closed traverse
1.5 Contouring
1.5.1 Characteristics of contour lines
1.5.2 Method of locating contours
1.5.3 Contour plotting
1.6 Setting Out: Small buildings and Simple curves
2. Construction Materials — 4
2.1 Stone and aggregate
2.1.1 Formation and availability of stones in Nepal
2.1.2 Methods of laying and construction with various stones
2.1.3 Fine aggregates and Coarse aggregates
2.2 Cement
2.2.1 Different cements: Ingredients, properties and manufacture
2.2.2 Storage and transport
2.2.3 Admixtures
2.3 Clay and Clay Products
2.3.1 Brick: type, manufacture, laying, bonds
2.4 Paints and Varnishes: Type and selection; preparation techniques and use
2.5 Bitumen: Type, selection and use
2.5 Bitamon Typo, selection and the

2.6 Metals and Alloys 2.7 Timber and Wood	
2.7 Timber and Wood	
3. Mechanics of Materials and Structures	<b>-</b> 4
3.1 Mechanics of Materials	
3.1.1 Internal effects of loading 3.1.2 Ultimate strength and working stress of materials	
2.2 Markanias of Booms	
3.2 Mechanics of Beams 3.2.1 Relation between shear force and bending moment 3.2.2 Shear and bending moment diagrams for statically d under various types of loading	leterminate beams
3.3 Simple Strut Theory	
	- 4
4. Hydraulics 4.1 General	
4.1 General 4.1.1 Properties of fluid: mass, weight, specific weight volume, specific gravity, viscosity 4.1.2 Pressure and Pascal's law	, density, specific
4.2 Hydro-Kinematics and Hydro-Dynamics 4.2.1 Energy of flowing liquid: elevation energy, Kinetic energy, internal energy	c energy, potential
4.3 Measurement of Discharge	
4.3.1 Weirs and notches	
4.3.2 Discharge formulas	
4.4 Flows: Characteristics of pipe flow and open channel flow	•
5. Soil Mechanics	- 4
5 1 General	<b>L</b> .
5.1.1 Soil types and classification	
5.1.2 Three phase system of soil 5.1.3 Unit Weight of soil mass: bulk density, saturated of	density, submerged
1 and dry density	
5.1.4 Interrelationship between specific gravity, void ration of saturation, percentage of air voids air content and	o, porosity, degree I density index
5.2 Soil Water Relation	
5.2.1 Terzaghi's principle of effective stress	
<ul><li>5.2.2 Darcy's law</li><li>5.2.3 Factors affecting permeability</li></ul>	
5.2.3 Factors affecting permeability 5.3 Compaction of soil	
5.3.1 Factors affecting soil compaction	
5 3 2 Optimum moisture content	
5.3.3 Relation between dry density and moisture content	
5.4 Shear Strength of Soils	
5.4.1 Mohr-Coulomb failure theory	
5.4.2 Cohesion and angle of internal friction	

5.5 Earth Pressures	
5.5.1 Active and passive earth pressures	
5.5.2 Lateral earth pressure theory	
5.5.3 Rankine's earth pressure theory	
5.6 Foundation Engineering 5.6.1 Terzaghi's general bearing capacity formulas and their application	1
	(
6. Structures	-
6.1 R.C. Sections in Bending 6.1.1 Under reinforced, over reinforced and balanced sections	
6.1.1 Under reinforced, over reinforced and buttaneed sections 6.1.2 Analysis of single and double reinforced rectangular sections	
6.1.2 Analysis of single and doubted 6.2 Shear and Bond for R.C. Sections	
2 1 Chan recistance of a R.C. Section	
6.2.2 Types of Shear reinforcement and their design	
6.2.2 Determination of anchorage length	
1 111 della Custam of R C. Siriiciui 65	
6.4.1 Singly and doubly relifforced rectangular states	
6 4 2 Simple one-way and two-way states	
6.4.3 Axially loaded short and long columns	
<u> </u>	,
7. Building Construction Technology	
7.1 Foundations	
a i u lantion	
7.1.2 Type and suitability of different foundations. Share vi	
- 1 0 01 - in a and designer in 0	
7.1.3 Shoring and dewatering 7.1.4 Design of simple brick or stone masonry foundations	
7.2 Walls	
7.2 Walls 7.2.1 Type and thickness of walls	
7.2.2 Use of scaffolding	
7.3 Damp Proofing	
7.3.1 Source of Dampness	
7.3.2 Remedial measures for damp proofing	
7.4 Concrete Technology 7.4.1 Constituents of cement concrete	
7.4.1 Constituents of centent concrete	
7.4.2 Grading of aggregates	
7.4.3 Concrete mixes	
<ul><li>7.4.4 Water cement ratio</li><li>7.4.5 Factors affecting strength of concrete</li></ul>	
7.4.5 Factors affecting strength of Control	
7.4.6 Form work	
7.4.7 Curing	
7.5 Wood work 7.5.1 Frame and shutters of door and window	
7.5.1 Frame and shutters of door and 7.5.2 Timber construction of upper floors	
7.5.3 Design and construction of stairs	
7.5.3 Design and construction of state 7.6 Flooring and Finishing	
7.6.1 Floor finishes: brick, concrete, flagstone	
7.6.2 Plastering	
The state of the s	

4
8. Water Supply and Sanitation Engineering — 9
0.1 Camaral
8.1.1 Objectives of water supply system  8.1.1 Objectives of water supply system  8.1.1 Objectives of water supply system
o 1 2 Causes of water and its selection But and
and deep wells; infiltration galleries
8.2 Gravity Water Supply System
0.01 D pariod
a a s : ination of daily water demand
8.2.2 Determination of daily was 8.2.3 Determination of storage tank capacity
* * 1 0 1 -1' * at n100
8.2.4 Selection of pipe 8.2.5 Pipe line design and hydraulic grade line
2.2 Design of Sower
8.3 Design of Sewer 8.3.1 Quantity of sanitary sewage
2 2 Maximum, Minimum and sen-clouding
8.4 Excreta Disposal and Unsewered Area
8.4 Excreta Disposar and 3.4.1 Pit latrine
8.4.2 Design of septic tank
8.4.2 Design of septic the
<u> </u>
9. Irrigation Engineering
9.1 General
9.1 General 9.1.1 Need for irrigation; advantages of irrigation 9.1.2 Sources of irrigation: water, river & streams, ground water and others 9.1.2 Sources of irrigation; surface, sub-surface and others
9.1.2 Sources of irrigation: water, five established and others 9.1.3 Methods of irrigation: surface, sub-surface and others
9.1.3 Methods of irrigation. surface, sur
9.2 Irrigation Water Requirement 9.2.1 Crop season, principal crops, and crop water requirements
9.2.1 Crop season, principal crops, and or a
9.2.2 Base period & duty
9.3 Irrigation Canals
9.3 Irrigation Canals 9.3.1 Canal losses and their minimization 9.3.2 Irrigation requirements and design discharge of canal permissible
velocities for different canals 9.3.3 Design of canal based on Manning's & Lacey's formulae
9.3.3 Design of canal based on Manning 5
9.3.4 Need and location of escapes
9.3.5 Components of distribution system
_ 4
10. Highway Engineering
10.1 General
10.1.1 Introduction to transportation systems
10.1.2 Historic development of roads
10.1.3 Classification of road in Nepal
10.1.4 Basic requirements of road alignment
10.2 Geometric Design
10.2.1 Basic design control and criteria for design 10.2.2 Elements of cross section, typical cross-section for all roads in filling
10.2.2 Elements of cross section, typical cross-section to
and cutting
10.2.3 Camber 10.2.4 Determination of radius of horizontal curves
10.2.4 Determination of radius of horizontal entres

- 10.2.5 Superelevation
  - 10.2.6 Sight distances
- 10.2.8 Use of Nepal Road Standard and subsequent revision in road design

10.3 Drainage System

- 10.3.1 Importance of drainage system and requirements of a good drainage
- 10.4 Road Pavement: Pavement structure and its components: subgrade, sub-base, base and surface courses
- 10.5 Road Machineries
- 10.5.1 Earth moving and compacting machines
- 10.6 Road Construction Technology
- 10.7 Bridge: T-beam bride and Timber bridges
- 10.8 Road Maintenance and Repair: Type of maintenance works
- 10.10 Airport Engineering: Planning and layout of Heliports; Terminal Building 10.9 Tracks and Trails and Control Tower; Drainage System for Airports

# 11. Estimating and Costing

- 2

- 11.1 General

  - 11.1.2 Units of measurement and payment of various items of work and
  - 11.1.3 Standard estimate formats of government offices
- 11.2 Rate Analysis
- 11.2.1 Basic general knowledge on the use of rate analysis norms prepared by Ministry of Works and Transport and the district rates prescribed by district development committee
- 11.3 Specifications
  - 11.3.1 Interpretation of specifications
- 11.4 Valuation

  - 11.4.2 Basic general knowledge of standard formats used by commercial banks and NIDC for valuation - 2

# 12. Construction Management

- 12.1 Organization
  - 12.1.1 Need for organization
  - 12.1.2 Responsibilities of a civil Sub- engineer
  - 12.1.3 Relation between Owner, Contractor and Engineer
- 12.2 Site Management
  - 12.2.1 Preparation of site plan
  - 12.2.2 Organizing labor
  - 12.2.3 Measures to improve labor efficiency
  - 12.2.4 Safety Management at site
- 12.3 Procurement and Contract Procedure
  - 12.3.1 Contracts and its types

- 12.3.2 Departmental works and day-work
- 12.3.3 Preparation of tender document
- 12.3.4 Tender procedure
  - 12.3.5 Contract agreement
  - 12.3.6 Conditions of contract
  - 12.3.7 Construction supervision

#### 12.4 Accounts

- 12.4.1 Administrative approval and technical sanction
- 12.4.2 Familiarity with standard account keeping formats used in governmental organizations
- 12.4.3 Muster roll
- 12.4.4 Completion report
- 12.5 Planning and Control
  - 12.5.1 Construction schedule
  - 12.5.2 Equipment and materials schedule
  - 12.5.3 Construction stages and operations
  - 12.5.4 Bar chart

#### 13. General information about legislations

- 13.1 नेपालको संविधान (भाग १, २, ३, १७ र १८ तथा अनुसुचीहरु) (The Constitution of Nepal (From Parts 1, 2, 3, 17 & 18, and Schedules))
- 13.2 स्थानीय सरकार सञ्चालन ऐन, २०७४ मा पूर्वाधार विकास सम्बन्धी व्यवस्था (Local Government Operation Act, 2074 (related to local infrastructures development))
- 13.3 Nepal National Building Code, 2060, Levels of Application and Mandatory Rules of Thumb
- 13.4 वस्ती विकास, सहरी योजना तथा भवन निर्माण सम्बन्धी मापदण्ड, २०७२